

Starting by washing our hands



You have to wear the right outfit



Home economics teacher, Helga, telling the students, all there is to know about the grain, Icelandic Barley, and other ingredients they will be using baking their bread.



Explaining about the grain



Mixing the ingredients and making the dough



Here the dough is ready, next step the oven



Fresh bread made with Icelandic Barley and two very proud bakers.

